

CAT NO. 983125

INSTRUCTIONS FOR USE

1. POSITION BACK PANEL



- Maintain head in neutral alignment, or position according to hospital protocol or physicians' orders.
- Position back panel beside patient, press down to compress bedding, and slide behind neck.



- Center the back panel so the loop straps are between the ear and the trapezius.

2. POSITION FRONT PANEL



- Pull the two sides of the front panel apart, which "lowers" the chin piece, and position the chin piece so it is even with the front of the patient's chin. Now place the sides of the front panel onto the trapezius muscles.



- While holding the bottom of the front panel, lift each side up, as high over the trapezius as possible, and position the side against the side of the neck. (The longer the patient's neck, the higher the sides should be).

3. ATTACH AND TIGHTEN



- With the front panel held in place, attach the Velcro straps on each side.



- To tighten the collar, anchor your thumb or fingers in the trach hole and peel back the Velcro strap on one side. Push inward on the back edge of the front panel while pulling the loop strap out. Now lift the strap up and reattach. Tighten the other side equally so the back panel stays centered. Repeat until all "slack" has been removed.

- 1. Chin Flush?** The chin piece plastic should be flush with the end of the chin. If not, reposition the chin piece and retighten.
- 2. Slack-out?** All "slack" between the front and back panels must be removed to ensure a secure fit. If necessary, retighten on both sides.
- 3. Airway OK?** Check that the back of the chin piece does not contact the throat. If it does, release the Velcro and reapply the chin piece, taking care to lift the sides of the front panel higher off the trapezius.

The Sierra Universal Collar is not intended for extended wear. If extended wear is anticipated, switch to the Aspen Cervical Collar.

READ INSTRUCTIONS BEFORE USE. Proper training in the use of this device should take place before it is applied. These directions are guidelines only and are not offered as medical recommendations.

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